Dear Parents of Confirmandii:



Thank you for trusting us with your children. We are excited to walk with them and with you through this season and are confident that God has something special in store for them.

Confirmation will be Sunday, April 21, 2024 at 2:00 pm, although the confirmandii and sponsors will need to be here earlier. The reason this program is run through the parish of St. Mary's, and not through the Catholic school system, is because each parish within the deanery has its own schedule for confirmation – the Bishop will come to some parishes (like St. Mary's) every two years and some, every three years.

This year, we are going to be learning about Confirmation through the lens of what it means to be a disciple of Jesus Christ. We will be using the Diocesan Confirmation book, <u>Confirmed for Mission</u>. Attached to this letter is a copy of the 92 questions and the list of prayers which are required by the Diocese. <u>I am asking you, the primary educator for your child, to help them memorize their prayers and the 92 questions</u>. Given the limited time we have in class, I want to concentrate on the more important aspects of the Sacraments and help the students grow in their love of Jesus Christ and His Church.

I cannot emphasize enough the importance of family preparation for the sacraments. When you attend Sunday Mass, discuss the readings and homily as a family. <u>I strongly encourage you to attend the 5:30</u> <u>Wednesday Mass prior to Confirmation Class, and hope you, with your children, will take advantage of the</u> <u>sacrament of Reconciliation (Confession) regularly</u>. We are offering an opportunity for you to attend three enrichment classes while your child is in class. This provides a chance for you to learn and then talk about the Faith and incorporate the Catholic Faith into everyday aspects of family life.

During Confirmation, the Bishop will likely ask about the 92 questions, and will expect the answers to be recited <u>word-for-word</u>. Likewise, the prayers should be memorized. Please put the 92 questions and prayer sheet somewhere they can be used frequently! I recommend praying with your child daily using the prayer sheet as well as bringing your needs, gratitude and love to God in spontaneous prayer. Because learning the prayers and 92 questions will be priority, We will not be sending the textbook home with the students, but they may have homework which will be based on either scripture or the 92 questions.

Attendance at Confirmation preparation class is not optional, and we will take attendance every week. We expect <u>regular</u> attendance, which means attendance at least 80% of the classes. There will also be <u>some</u> required work to be turned in – some informational documentation, and some research-based. These need to be completed by the deadline given.

If you have any questions or concerns, you may call me at the rectory at 402.367.3570 X4 You are also welcome to catch me before class. I am generally available at 5:45, outside the gym.

I look forward to teaching your child! God Bless you!

Sr. Mary Kansier, MS

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#### **Basic Catholic Prayers to Be Learned** Confirmation

When teaching prayers and helping your children to commit them to memory, it is recommended that any confusion about which prayer forms should be taught be resolved in favor of the forms found below. .

#### Sign of the Cross (K/Finish 1<sup>st</sup> Grade) + In the name of the Father, and of the Son and of the Holy Spirit. Amen. **Our Father** (K/Finish 1<sup>st</sup> Grade) Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen. Hail Mary (K/Finish 1<sup>st</sup> Grade) Hail Mary, full of grace! The Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen. Glory Be (K/Finish 1<sup>st</sup> Grade) Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen. Grace Before Meals (K/Finish 1<sup>st</sup> Grade) Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty, through Christ our Lord. Amen. (K/Finish 1<sup>st</sup> Grade) **Grace After Meals** We give you thanks Almighty God, for these and all thy benefits, which we have received from thy bounty through Christ, our Lord. Amen. And may the souls of the faithful departed, through the mercy of God, rest in peace Amen Act of Contrition (Finish 2<sup>nd</sup> Grade) O my God, I am heartily sorry for having offended Thee; and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen. Prayer to the Guardian Angel (Finish 2<sup>nd</sup>) Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide. Amen.

#### Prayer for the Poor Souls in Purgatory

(3rd) Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

(Finish 3<sup>rd</sup> Grade)

# Mysteries of the Rosary

- **The Joyful Mysteries** 
  - 1. The Annunciation
  - 2. The Visitation
  - 3. The Birth of Our Lord
  - 4. The Presentation in the Temple
  - 5. The Finding of the Child Jesus in the Temple

# **The Luminous Mysteries**

- 1. The Baptism in the Jordan
- 2. The Wedding at Cana
- 3. The Proclamation of the Gospel
- 4. The Transfiguration
- 5. The Institution of the Eucharist

- **The Sorrowful Mysteries** 
  - 1. The Agony in the Garden
  - 2. The Scourging at the Pillar
  - 3. The Crowning with Thorns
  - 4. The Carrying of the Cross
  - 5. The Crucifixion

#### **The Glorious Mysteries**

- 1. The Resurrection
- 2. The Ascension
- 3. The Descent of the Holy Spirit
- 4. The Assumption
- 5. The Crowning of the Blessed Virgin Mary







### The Apostles' Creed

### (Rosarv)

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and is seated at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

# Responses to the Bishop's Blessing(Confirmation)

**Bishop:** The Lord be with you.

People: And with your spirit. **Bishop:** Blessed be the name of the Lord.

**People:** Now and forever.

**Bishop:** Our help is in the name of the Lord.

# People: Who made heaven and earth.

**Bishop:** May almighty God bless you, **+** the Father, **+** the Son, and the **+** Holy Spirit. People: Amen.

# The Angelus

# (Finish 4<sup>th</sup> Grade)

V: The angel of the Lord declared unto Mary,

R: and she conceived of the Holy Spirit.

V: Hail Mary, full of grace... R: Holy Mary,... Amen.

V: Behold the handmaid of the Lord,

**R**: Be it done unto me according to Thy word.

V: Hail Mary, full of grace... R: Holy Mary,... Amen.

V: The Word was made flesh.

**R**: and dwelt among us.

V: Hail Mary, full of grace... R: Holy Mary,... Amen.

V: Pray for us, O holy Mother of God.

**R**: That we may be made worthy of the promises of Christ.

Let us pray: -Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

#### Fatima Prayer

# (Rosary)

O my Jesus, forgive us our sins; save us from the fires of hell. Lead all souls to Heaven, especially those who are most in need of thy mercy. (Parish)

#### Memorare

Remember, O most gracious Virgin, Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

#### Hail Holy Queen

# (Rosary)

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve! To thee do we send up our sighs, mourning and weeping in this vale of tears! Turn then, most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus! O clement, O loving, O sweet Virgin Mary.

V: Pray for us O Holy Mother of God

**R:** -That we may be made worthy of the promises of Christ.

#### Prayer to St. Michael

(Parish)

Saint Michael, the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen

### 92 QUESTIONS

- 1. Who made us?
  - God.
- 2. Why did God make us?

To know, love, and serve Him in this life; and to be happy with Him forever in Heaven.

3. Why are humans more important than animals and the rest of creation?

Because men and women are created in the image and likeness of God.

4. How many Gods are there?

One.

5. How many Persons are there in God? What are their names?

There are three persons in God: God the Father, God the Son, and God the Holy Spirit.

- 6. Is the Father God? Yes.
- 7. Is the Son God?

Yes.

- 8. Is the Holy Spirit God? Yes.
- 9. What do we call the mystery of three persons in one God? The Blessed or Holy Trinity.
- 10. Which Person of the Holy Trinity became man? The Second Person, God the Son, became man without giving up His divine nature.
- What name was given to the Second Person of the Holy Trinity when He became man? Jesus.
- 12. When the Son became man, did He have a human mother? Yes.
- **13.** Who was Jesus' mother?

The Blessed Virgin Mary.

14. Why do we honor Mary?

Because she is the mother of Jesus and our mother too.

- **15.** Who was Jesus' real father? (careful) God the Father.
- **16.** Who was Jesus' foster father?

Joseph.

17. Is Jesus God, or is He man, or is He both God and man? Jesus is both God and man; as the Second Person of the Holy Trinity, He is God; and since He took on a human nature from His mother Mary, He is man.

- What do we call the mystery of God becoming man? The mystery of the Incarnation.
- 19. On what day did Jesus die on the cross?Good Friday, the day after the Last Supper.
- 20. On what day did Jesus rise from the dead? On Easter Sunday, three days after Good Friday.
- 21. When did Jesus ascend into Heaven? On Ascension Thursday, forty days after Easter.
- 22. When did the Holy Spirit descend upon the Apostles? On Pentecost Sunday, fifty days after Easter.
- 23. What is meant by the Redemption? Redemption means that Jesus' incarnation, life, death, and resurrection paid the price for our sins, opened the gates of Heaven, and freed us from slavery to sin and death.

- 24. What did Jesus establish to continue his mission of Redemption? He established the Catholic Church.
- 25. Why do we believe that the Catholic Church is the one true Church? Because it is the only Church established by Jesus.
- 26. Does it matter to which Church or religion you belong?
  - Yes, in order to be faithful to Jesus, it is necessary to remain in the Church he established.
- 27. What are the Four Marks of the Church? One, Holy, Catholic, and Apostolic.
- **28.** How does the Church preserve the teachings of Jesus? Through Sacred Scripture and Sacred Tradition.
- 29. Did Jesus give special authority to one of the Apostles?

Yes, to Peter when Jesus said to him, "I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven."

- 30. Who speaks with the authority that Jesus gave to St. Peter?The pope who is St. Peter's successor, the Bishop of Rome, and the Vicar of Christ on earth.
- **31.** What is the name of the present pope? Pope Francis.
- **32.** What is the sacred liturgy?

The Church's public worship of God.

- 33. What attitude should we have when we participate in the sacred liturgy?
- We should have the attitude of reverence in our hearts and respect in our actions and appearance. **34.** What is a sacrament?

A sacrament is an outward sign, instituted by Christ, to give grace.

**35.** How many sacraments are there?

Seven.

- 36. What are the seven sacraments; and which ones have you received? Baptism, Penance, Holy Eucharist, Confirmation, Holy Orders, Matrimony, Anointing of the Sick. We have received Baptism, Penance, and Holy Eucharist.
- **37.** What are the sacraments you can only receive once? Baptism, Confirmation, and Holy Orders.
- 38. When you were born, did you have Sanctifying Grace (a share in God's life)? No.
- **39.** Why are we not born with Sanctifying Grace? Because we are born with original sin which is the loss of Sanctifying Grace.
- **40.** Was any human person conceived without original sin?

Yes, Mary at her Immaculate Conception.

**41.** What was the original sin?

Adam and Eve were tempted by the devil; and they chose to distrust God's goodness and to disobey His law.

- **42.** Is there really a devil? Yes.
- **43.** Is it easier to be bad or to be good?

It is easier to be bad, because original sin has left us with an inclination to sin called concupiscence.

**44.** When did you receive Sanctifying Grace for the first time? At Baptism.

It gave me a share in God's life for the first time, made me a child of God, and took away original sin.

- **46.** How long do you remain a child of God? Forever.
- 47. Can you lose a share in God's life after Baptism? Yes.
- 48. How can you lose Sanctifying Grace (a share in God's life)? By committing mortal sin.
- 49. What are the two kinds of personal sin (sin we commit ourselves)? Venial and mortal sin.
- **50.** Which is the worse?
  - Mortal (deadly) sin.
- 51. What three things are necessary to commit a mortal sin?
  - 1. You must disobey God in a serious matter.
  - 2. You must know that it is wrong.
  - 3. You must freely choose to do it anyway.
- 52. What happens to you if you die in a state of mortal sin? You go to hell.
- **53.** Is there really a hell?
  - Yes, it is the place of eternal separation from God.
- 54. What happens if you die with venial sin on your soul?
  - You go to purgatory where you are purified and made perfect.
- 55. What happens to the souls in purgatory after their purification? They go to Heaven.
- **56.** Is there really a Heaven?

Yes; it is the place of eternal happiness with God.

57. Can any sin, no matter how serious, be forgiven?

Yes, any sin, no matter how serious or how many times it is committed can be forgiven.

- 58. How can a mortal sin be forgiven?
  - Through the sacrament of Confession.
- 59. What three things must you do in order to receive forgiveness of sin in the sacrament of Confession?
  - 1. You must be truly sorry for your sins.
  - 2. Confess all mortal sins in kind and number committed since your last Confession.
  - 3. You must resolve to amend your life.
- **60.** Who has the power to forgive sin?

Jesus Christ through a Catholic priest.

61. How often should you go to Confession?

You should go immediately if you are in a state of mortal sin; otherwise, it is recommended to go once a month.

- 62. Where in the Church building is Jesus present in a special way? In the tabernacle.
- 63. True or False. When you receive Holy Communion, you receive a piece of bread that signifies, symbolizes, or represents Jesus. False.
- 64. What, or Whom, do you receive in Holy Communion?

The Body, Blood, Soul, and Divinity of Christ.

65. When is the Host changed from bread to the Body and Blood of Christ? It is changed by the words of the priest at the consecration during Mass.

- 66. Should you receive Holy Communion in the state of mortal sin?
  - No. If you do, you commit the additional mortal sin of sacrilege.
- **67.** What is sacrilege?
  - It is the abuse of a sacred person, place, or thing.
- **68.** If you are in a state of mortal sin, what should you do before receiving Holy Communion? You should go to Confession as soon as possible.
- 69. Who offered the first Mass? Jesus Christ.
- 70. When did Jesus offer the first Mass?
  - On Holy Thursday night, the night before He died, at the Last Supper.
- 71. What is the Sacrifice of the Mass?
  - It is the sacrifice of Jesus Christ on Calvary, made present when the priest repeats the words of consecration spoken by Jesus over the bread and wine at the Last Supper.
- 72. How do we participate in the Sacrifice of the Mass?
  - By uniting ourselves and our intentions to the bread and wine, offered by the priest, which become Jesus' sacrifice to the Father.
- 73. Is it a mortal sin for you to miss Mass on Sunday or a Holy Day through your own fault? Yes.
- 74. Which person of the Holy Trinity do you receive in Confirmation? The Holy Spirit.
- **75.** What happens in the Sacrament of Confirmation?
  - The Holy Spirit comes upon us and strengthens us to be soldiers of Christ that we may spread and defend the Catholic faith.
- 76. What are the Seven Gifts of the Holy Spirit?Wisdom, understanding, counsel, fortitude, knowledge, piety, and fear of the Lord.
- 77. Before you are confirmed, you will promise the Bishop that you will never give up the practice of your Catholic faith for anyone or anything. Did you ever make that promise before? Yes, at Baptism.
- 78. Most of you were baptized as little babies. How could you make that promise? Our parents and godparents made that promise for us.
- **79.** What kind of sin is it to receive Confirmation in the state of mortal sin? A sacrilege.
- **80.** If you have committed mortal sin, what should you do before receiving Confirmation? You should make a good Confession.
- 81. What are the three traditional vocations? Married life, Holy Orders, and the consecrated life.
- 82. What are the three vows that a consecrated man or woman takes? Chastity, Poverty and Obedience.
- 83. What are the three ranks (degrees) of Holy Orders? Deacon, Priest, and Bishop.
- 84. For whom did God make marriage? One man and one woman.
- **85.** Is it possible for two men or two women to get married? No.
- **86.** When can a man and woman begin living together? Only after their marriage.
- 87. What are the three marriage promises a husband and wife make to each other? Faithfulness, permanence, and being open to having children.

**88.** Why is abortion wrong?

Because it takes the life of a baby in its mother's womb.

- **89.** How many commandments are there?
  - Ten.
- 90. What are the Ten Commandments?
  - 1. I, the Lord, am your God. You shall not have other gods besides Me.
  - 2. You shall not take the name of the Lord, your God, in vain.
  - 3. Remember to keep holy the Lord's Day.
  - 4. Honor your father and mother.
  - 5. You shall not kill.
  - 6. You shall not commit adultery.
  - 7. You shall not steal.
  - 8. You shall not bear false witness against your neighbor.
  - 9. You shall not covet your neighbor's wife.
  - 10. You shall not covet your neighbor's goods.
- 91. What are the four main kinds of prayer?

The four main kinds of prayer are adoration, thanksgiving, petition and intercession.

**92.** How often should we pray?

Every day.



